

## **LIFE SKILLS**

Life skills are abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenge of everyday life. Our institute focused on personality development through life skills as a skilled person uses less time, energy and resources to do a job and produces quality results. So we focused on literary skills, language skills, livelihood skills as vocational and technical skills, cultural skills, sports skills, recreational skills for overall development of students and their bright future. In everyday life, the development of life skills helps students to find new ways of thinking and problem solving. We recognise the impact of their actions and teaches them to take responsibilities for what they do rather than others. Build confidence both in spoken skills and for group collaboration and cooperation